



## Growlers for the Win!



It sure was a hot and humid day to go see the Growlers, but we are so happy to see many of our residents, participants, and staff come on out for fun and fanfare and cheer on the Growlers to a win!

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# Growlers Game cont.





# Acknowledgments

## Welcome New Hires

JOSIE PIKE  
KIOSHI BROWN  
CAMMI HALL  
BRANDI FRANKLIN  
BRADLEY GAMBRELL

## Anniversaries

1 YEAR  
HILARY  
EMILY FERGUSON  
  
29 YEARS  
QUINCY BROWN

## June Birthdays

MARY MBOMBO 3RD  
BRIANNA PARKER-  
MURRAY 3RD  
TYMARRA GOISER 4TH  
GALE DOSTER 13TH  
BRANDI FRANKLIN 15TH  
RAHEEM WASHINGTON  
16TH  
TIOMBI COOPER 18TH  
APRIL KELLY 29TH



# Staff Shout-Outs!

## SHOUT OUT!

Scott and Jamie @ Darmo

**For going above and beyond:**

Suggesting assistance for covering at the hospital and Jamie for picking up at a moments notice.



From: Kimberly

## SHOUT OUT!

Quincy @ Lovell

**For going above and beyond:**

Treating Lovell house for pesky friends.



From: Felicia

## SHOUT OUT!

James @ Misty Creek

**For going above and beyond:**

Being willing to go sit at the hospital with a client on a moments notice.



From: Kimberly

## SHOUT OUT!

Brad @ Alcott

**For going above and beyond:**

Helping get several sites ready for QMR by doing dumpster runs.



From: Kimberly



## CHOKING EMERGENCIES

A PERSON WHO IS CHOKING TYPICALLY HAS A PANICKED, CONFUSED OR SURPRISED FACIAL EXPRESSION. SOME PEOPLE MAY PLACE ONE OR BOTH HANDS ON THEIR THROAT. THE PERSON MAY COUGH (EITHER FORCEFULLY OR WEAKLY), OR HE OR SHE MAY NOT BE ABLE TO COUGH AT ALL. YOU MAY HEAR HIGH-PITCHED SQUEAKING NOISES AS THE PERSON TRIES TO BREATHE, OR NOTHING AT ALL. IF THE AIRWAY IS TOTALLY BLOCKED, THE PERSON WILL NOT BE ABLE TO SPEAK, CRY OR COUGH. THE PERSON'S SKIN MAY INITIALLY APPEAR FLUSHED (RED), BUT WILL BECOME PALE OR BLUISH IN COLOR AS THE BODY IS DEPRIVED OF OXYGEN.

# 1

- CHECK THE SCENE SAFETY, FORM AN INITIAL IMPRESSION, INFORM YOU WILL BE HELPING THEM, PUT ON PPE, AS APPROPRIATE, AND ACKNOWLEDGE YOUR TOUCH.

# 2

### CHECK FOR SIGNS AND SYMPTOMS

- WEAK OR NO COUGH\*
- HIGH-PITCHED SQUEAKING NOISES OR NO SOUND\*
- PALE OR BLUE SKIN COLOR\*
- UNABLE TO COUGH, SPEAK OR CRY\*
- PANICKED, CONFUSED OR SURPRISED APPEARANCE\*
- HOLDING THROAT WITH HAND(S)\*

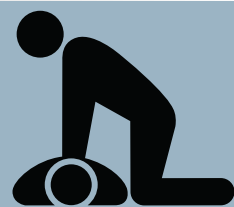
# 3

- **CALL 9-1-1** AND GET EQUIPMENT IF THE PERSON REQUIRES IMMEDIATE EMERGENCY MEDICAL TREATMENT.

# 4

### GIVE CARE

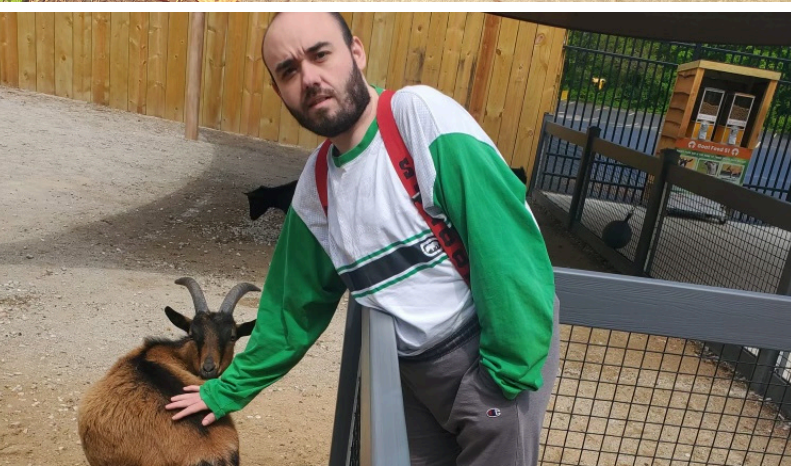
- 5 BACK BLOWS
- 5 ABDOMINAL THRUSTS
- REPEAT
- IF THEY BECOME UNRESPONSIVE, BEGIN CPR



FROM THE AMERICAN RED CROSS



# Happenings Around CLO!





# Types of heat-related illness



## Heat Exhaustion Symptoms

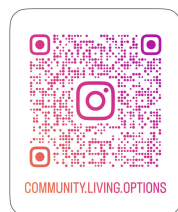
Faint or dizzy  
Excessive sweating  
Cool, pale clammy skin  
Nausea or vomiting  
Rapid pulse  
Muscle cramps

## Heat Stroke Symptoms

Confusion, disorientation  
Very high body temperature  
Red, hot skin may be dry or sweaty  
Nausea or vomiting  
Rapid pulse  
May lose consciousness

Be Aware of these Signs and Symptoms! Give First Aid and Seek Medical Treatment as Necessary!

Follow us on Social Media!  
Like  
Comment  
and Share



Have a coworker you want to acknowledge for going above and beyond?  
Fill out a Staff Shout-Out and have them featured in the newsletter!

**SHOUT OUT!**

For going above and beyond:



From:

## OUR MISSION

WE ASSIST INDIVIDUALS IN ACHIEVING THEIR LIFE GOALS BY BUILDING RELATIONSHIPS THROUGH QUALITY SERVICES IN SUPPORTIVE ENVIRONMENTS.

## OUR VISION

OUR VISION IS TO ENHANCE THE QUALITY AND SCOPE OF OUR SERVICES THROUGH INTEGRATED AND COORDINATED CARE.

NEXT BOARD MEETING  
AUGUST 28TH, 2024



BOARD OF DIRECTORS  
MELISSA GILBERT  
JOE WALLS  
SUZANNE MCPEEK  
LOUISE KENNY  
DEBBIE DAWSON  
TOREAN GREELEY  
DAWN PANTALEO  
RON RYAN  
ED WILSON  
CASEY BLAIR  
BONNIE SEXTON



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OFFICE HOURS:  
8:00 — 4:30  
MONDAY — FRIDAY