



## CARF Survey a Success!

WHAT MAKES A SUCCESSFUL CARF SURVEY?  
THE PEOPLE WHO PUT IN THE WORK!  
WE APPRECIATE YOU ALL AND YOUR HARD  
WORK TO MAKE THIS SUCH A SUCCESS.  
AND WE DIDN'T JUST SUCCEED--WE ROCKED IT!



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# Message from Fi

IT BRINGS ME GREAT PRIDE TO ANNOUNCE  
THAT CLO HAS COMPLETED ITS CARF  
REVIEW, RECEIVING ONLY ONE  
RECOMMENDATION!

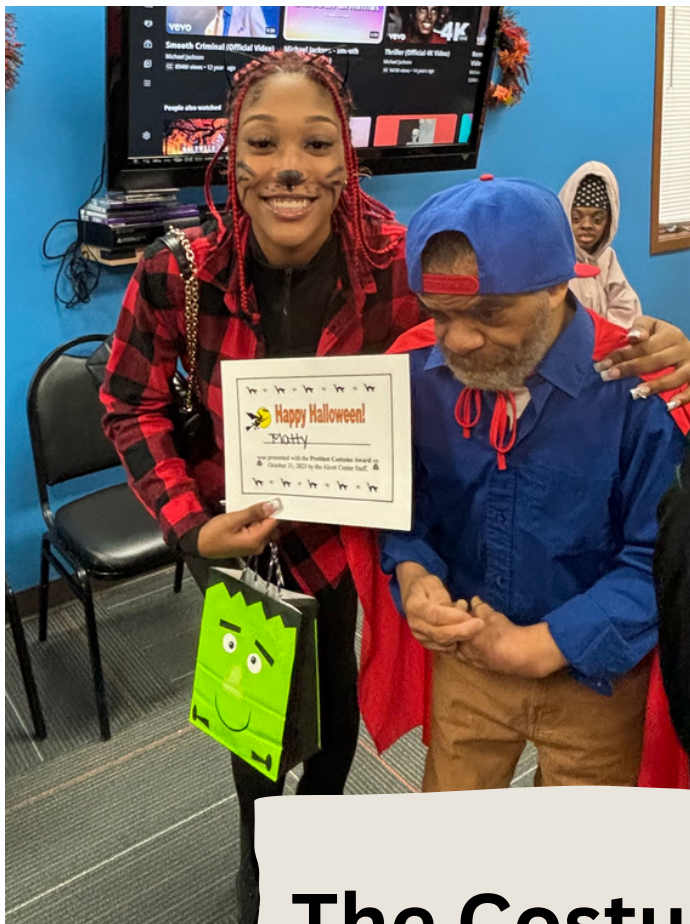
THIS ACHIEVEMENT NOT ONLY REAFFIRMS  
OUR COMMITMENT TO DELIVERING  
EXCEPTIONAL QUALITY SERVICES BUT ALSO  
REFLECTS THE TRUST AND CONFIDENCE OUR  
STAKEHOLDERS PLACE IN US. I WANT TO  
EXTEND MY SINCEREST GRATITUDE TO EACH  
EMPLOYEE WHO CONTRIBUTED TO THIS  
SUCCESS. YOUR UNWAVERING DEDICATION,  
PASSION, AND EXPERTISE HAVE BEEN  
INSTRUMENTAL IN HELPING US ACHIEVE THIS  
ACCREDITATION. IT WOULD NOT HAVE BEEN  
POSSIBLE WITHOUT YOUR HARD WORK,  
ATTENTION TO DETAIL, AND CONTINUOUS  
PURSUIT OF EXCELLENCE. TOGETHER WE  
ACHIEVE 😊 THANK YOU.

*Li Spahn*

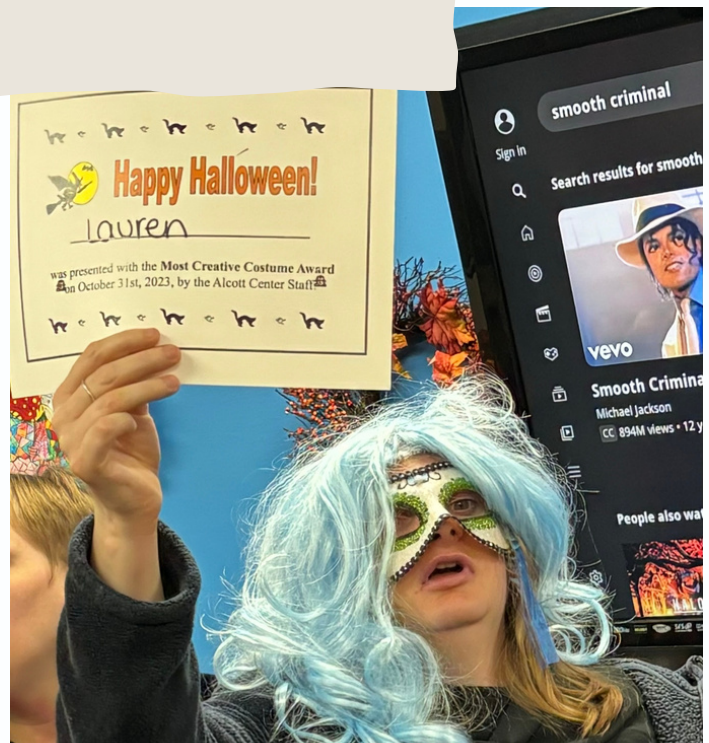
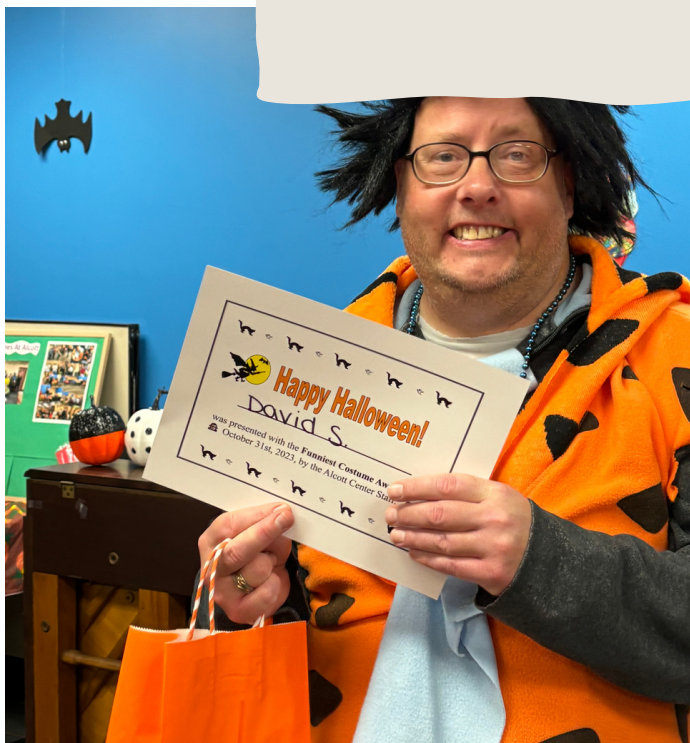




# Halloween Party at Alcott



## The Costume Winners!





# Halloween Party (cont.)





# Pumpkin Decorating Contest





# Staff Acknowledgments

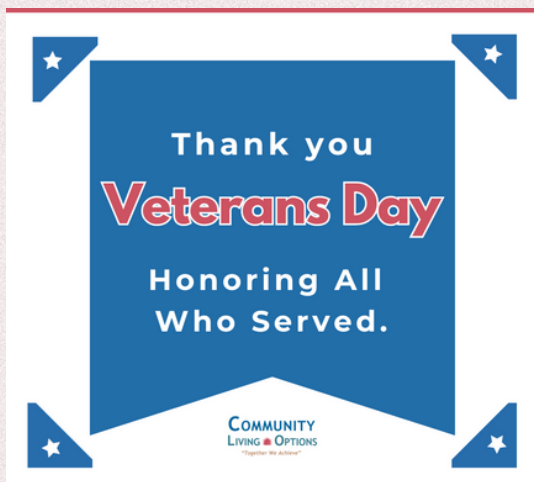


## Welcome New Hires

DEVONE BROWN  
KELSIE MARTIN  
SONAYA BODIAN

## November Birthdays

SHYANNA GIVANS 1ST  
SHAN HARDEN 16TH  
REVELLE WILLIAMS 19TH  
FATAI OKUNOLA 20TH  
KATIE ZEHNER 20TH  
AMBER MCPHERSON 27TH  
PATRICE SMITH 28TH  
VICTOR TAYLOR 28TH



## Anniversaries

1 YEAR

LAELA WHITE  
SHAYLA HALL  
MALIMA KANGA  
GAIL GRANVILLE

2 YEARS

HOWARD ROBINSON  
SASHA NILES  
IJEOMA DAKARE  
ANYA OUSLEY

4 YEARS

JAKIYAH BELL

15 YEARS

DENNIS AHWOREGBA

24 YEARS

CAROL DURREN



# Announcements

## Door Decorating Contest

Due:  
December  
8th  
at 08.00 AM



Voting ends  
December  
15th at  
midnight.

Vote once a day on  
Facebook,  
Instagram, or email  
or text.



### **COPING WITH THE HOLIDAY BLUES:** TIPS TO ADDRESS YOUR MENTAL HEALTH

- ☐ Stick to normal routines as much as possible
- ☐ Get enough sleep
- ☐ Take time for yourself, but don't isolate yourself
- ☐ Spend time with supportive, caring people
- ☐ Get exercise, even if it's a short walk

Information from the National Alliance on Mental Illness • [www.nami.org](http://www.nami.org)



# Health and Safety

## FOR A SAFE PLATE,

## DON'T CROSS- CONTAMINATE

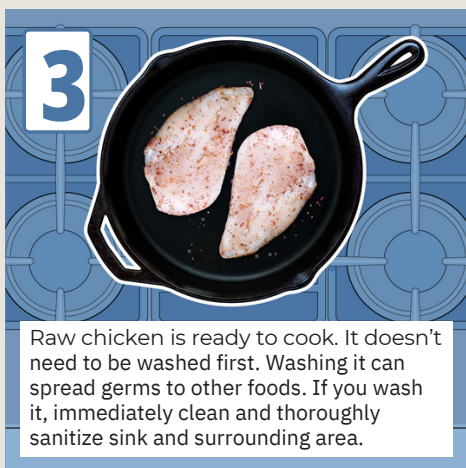
7 Tips to Keep Your Food  
Safe



Separate meat, poultry, and seafood from other food in shopping cart.



Keep raw meat, poultry, seafood, and eggs separate from all other foods in the refrigerator.



Raw chicken is ready to cook. It doesn't need to be washed first. Washing it can spread germs to other foods. If you wash it, immediately clean and thoroughly sanitize sink and surrounding area.



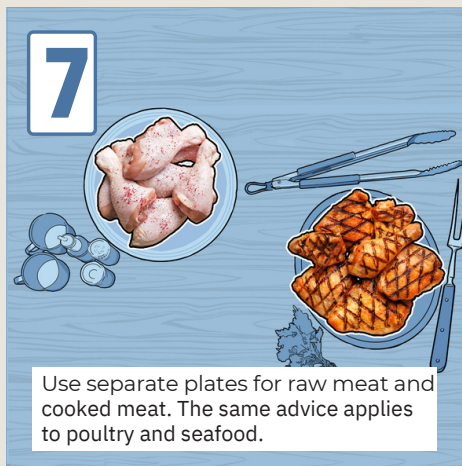
Use one cutting board or plate for raw meat, poultry, and seafood and a separate cutting board or plate for produce, bread, and other foods that won't be cooked.



Wash hands for 20 seconds with soap and water after touching raw meat, poultry, seafood, or eggs.



Wash your utensils, cutting boards, and countertops with hot, soapy water after preparing raw meat, poultry, seafood, or eggs.



Use separate plates for raw meat and cooked meat. The same advice applies to poultry and seafood.

LEARN MORE:

[cdc.gov/foodsafety](https://www.cdc.gov/foodsafety)





# Career Opportunities and Announcements



## Staff Appreciation Event Revel & Roll West Legends Lounge

December

15th

2023

4:00 pm- 6:00 pm

Staff and One Adult Guest are invited to a Staff Appreciation Event at Revel and Roll. Appetizers and non-alcoholic beverages will be served. Activities in the Legends Lounge include: pool, darts, ping pong, and water pong.

RSVP TO Amy @ [athill@communitylivingoptions.org](mailto:athill@communitylivingoptions.org)



## HIGH FIVE.

Apply Now

## WE RAISED OUR STARTING WAGES.

[www.communitylivingoptions.org/careers](http://www.communitylivingoptions.org/careers)



# QUALITY CORNER



GREAT STAFF  
GREAT TEAM

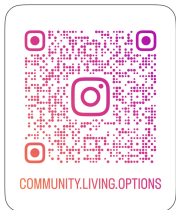
THANKS  
FOR BEING

AWESOME



Follow us on Social Media!

Like  
Comment  
and Share



Reminder!

from

CELEAH

"Reminder, annual trainings are due during your month of hire. Please contact Celeah via text or call the main office to see what trainings you may have due. Thanks!"

## OUR MISSION

WE ASSIST INDIVIDUALS IN ACHIEVING THEIR LIFE GOALS BY BUILDING RELATIONSHIPS THROUGH QUALITY SERVICES IN SUPPORTIVE ENVIRONMENTS.

## OUR VISION

OUR VISION IS TO ENHANCE THE QUALITY AND SCOPE OF OUR SERVICES THROUGH INTEGRATED AND COORDINATED CARE.

ANNUAL BOARD MEETING  
DECEMBER 6TH, 2023



BOARD OF DIRECTORS  
MELISSA GILBERT  
ED WILSON  
SUZANNE MCPEEK  
LOUISE KENNY  
DEBBIE DAWSON  
TOREAN GREELEY  
DAWN PANTALEO  
RON RYAN  
JOE WALLS



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OFFICE HOURS:  
8:00 — 4:30  
MONDAY — FRIDAY