COMMUNITY LIVING COPTIONS "Together We Achieve"

JUNE 2023

Official Newsletter of Community Living Options



Annual Growlers Day-Fun for Residents, Participants and Staff



The weather was perfect for a day at the ball park. Residents. participants, and staff watched the Growlers win and enjoyed hanging out and having lunch during the game. Lots of fun, laughs, and memories!

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Kalamazoo Growlers Game



COMMUNITY LIVING OPTIONS

Letter from the Executive Director

CLO'S BOARD OF DIRECTORS AND STAFF UNDERTOOK A THOROUGH STRATEGIC PLANNING PROCESS ON JUNE 8, 2023. THIS STRATEGIC PLAN WILL GUIDE CLO OVER THE NEXT FIVE YEARS AS WE TRANSFORM INTO A MORE TECHNOLOGICALLY SAVVY, RESPONSIVE, AND COLLABORATIVE ORGANIZATION. OUR COMMITMENT TO THE COMMUNITY AND OUR DESIRE TO SERVE THAT COMMUNITY WITH THE HIGHEST LEVEL OF PROFESSIONALISM WILL BE STRENGTHENED BY THE IMPLEMENTATION OF THIS FAR-REACHING PLAN AND, OF COURSE, GREAT DIRECT SUPPORT PROFESSIONALS.

OUR STAFF WILL USE THIS STRATEGIC PLAN AS A ROAD MAP INTO THE FUTURE, GUIDING OUR DECISION-MAKING PROCESS. THE ENTIRE DOCUMENT WILL BE COMPLETE AND AVAILABLE BY AUGUST, 2023. ITS IMPLEMENTATION WILL ENSURE THE SUCCESSFUL FUTURE OF CLO FOR GENERATIONS TO COME.

THANK YOU TO ALL FOR YOUR CONTINUED SUPPORT AND COMMITMENT.

HAVE A SAFE AND FUN SUMMER!!

FIORELLA SPALVIERI



Staff Highlights

Welcome New Hires

ANGELEY TAKYI REBEKAH HAYS FATAI OKUNOLA JADEN MATA EMILY FERGUSON HILARY MADISON INGLE DESHALA STANLEY JAMES DITTY CHANCALOR HUGHES SIMONA VAUGHN LINDA BLAIR DESTINY YEAGER

June Birthdays

MARY MBOMBO-3RD BRIANN PARKER-MURRAY-3RD GALE DOSTER-13TH TIOMBI COOPER-18TH RENITA ELLIS- 18TH JADA CLOPTON-25TH

Anniversaries

3 YEARS OWEN LATULIPPE 28 YEARS MARVIN BROWN



Alcott Staff!



Transitions Staff!

Staff Feature



About Dani:

- Hobbies: reading, cross-stitching (creating a gothic rainbow wall)
- What brings her Joy: My 3-yearold granddaughter. My kids; I'm a single mom of three: 21 year-old, an 18 year-old, and an 11 year-old
- **Strengths:** communication, "superhero skill" is organization
- What she hopes to Accomplish at CLO: I really want to focus on this home as a transitional home and help the residents by learning their baselines and learning about them.

About Rebecca:

- **Hobbies:** knitting, reading, playing video games with my husband
- What brings her Joy: my cat Ren (named after an anime character)
- Strengths: organized, good at problem-solving, and not afraid to ask questions
- What she hopes to Accomplish at CLO: get more experience in my field of accounting and enjoy working for a non-profit to work for the community



communitylivingoptions.org

Drumming with Kingpins at Alcott

Kingpins Drumming Group has started teaching the Alcott Participants drumming



nins









COMMUNITY LIVING OPTIONS

Old Log Trail, Portage and Alcott tour the KIA





Residents, participants and staff were able to have private tours courtesy of two wonderful KIA docents





Health and Safety

5 Things to Know



About MI's New Distracted Driving Law



It prohibits using hand-held electronic devices while operating a vehicle. This includes texting, talking, browsing or posting to websites and social media, selecting music, and viewing/recording/transmitting video.

- 2 "Hand-held" means physically supporting the device, so even if both hands are on the steering wheel, but your cell phone is wedged between your ear and shoulder, you can be ticketed.
- **3** You can use HANDS-FREE navigation/GPS if the device is mounted to the dashboard or controlled by voice commands.
- 4 There is an exception for calling or texting 911 to report an emergency or seek help.
 - It's in effect as of JUNE 30! It's a primary offense, meaning an officer could pull you over and ticket you for this without any other infractions (speeding, failure to stop, etc.) occurring.



NEED HELP? KNOW SOMEONE WHO DOES? IF YOU OR SOMEONE YOU KNOW NEEDS HELP, CALL THE 988 SUICIDE AND CRISIS LIFELINE AT 988. YOU CAN ALSO TEXT HOME TO 741741 TO REACH A CRISIS COUNSELOR.

SENSITIVE GROUPS



Poor air quality is more likely to affect sensitive groups including people with heart and lung conditions, people with asthma, people who are pregnant, older adults and children. Air quality conditions that are unlikely to affect the general population may pose a serious health risk to these sensitive groups.

Air Quality Safety







Check air quality

Close windows & doors

Run AC on recirculate with a new filter



Use a

CARB-certified

air cleaner

Avoid vacuuming,

frying food or

using gas-powered

appliances



Wear a mask indoors if needed

Physical Signs of Elder Abuse



Dehydration or unusual weight loss



Missing daily living aids



Unexplained injuries, bruises, cuts, or sores



Unsanitary living conditions and poor hygiene



Unattended medical needs

To learn more, visit ncea.acl.gov

Career Opportunities





OUR MISSION

WE ASSIST INDIVIDUALS IN ACHIEVING THEIR LIFE GOALS BY BUILDING RELATIONSHIPS THROUGH QUALITY SERVICES IN SUPPORTIVE ENVIRONMENTS.

> OUR VISION OUR VISION IS TO ENHANCE THE QUALITY AND SCOPE OF OUR SERVICES THROUGH INTEGRATED AND COORDINATED CARE.

NEXT BOARD MEETING AUGUST 23RD



BOARD OF DIRECTORS MELISSA GILBERT ED WILSON SUZANNE MCPEEK LOUISE KENNY DEBBIE DAWSON TOREAN GREELEY DAWN PANTALEO RON RYAN JOE WALLS



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OFFICE HOURS: 8:00 — 4:30 MONDAY — FRIDAY