

**There is nothing more  
beautiful than  
someone who goes  
out of their way to make  
life beautiful for others.**

## Celebrating Staff this Season

Last week, Community Living Options' unofficial holiday cheer crew dropped off T-shirts, gift cards, and cookies to homes, supported living sites, and Alcott in appreciation of staff. Community Living Options would not be the wonderful organization it is without the dedication and hard work of these direct support professionals, assistants, supervisors, and all-around awesome people. Here's to you for making this a welcoming and warm community this season and always! Winter wishes to all our staff, consumers, family and friends!



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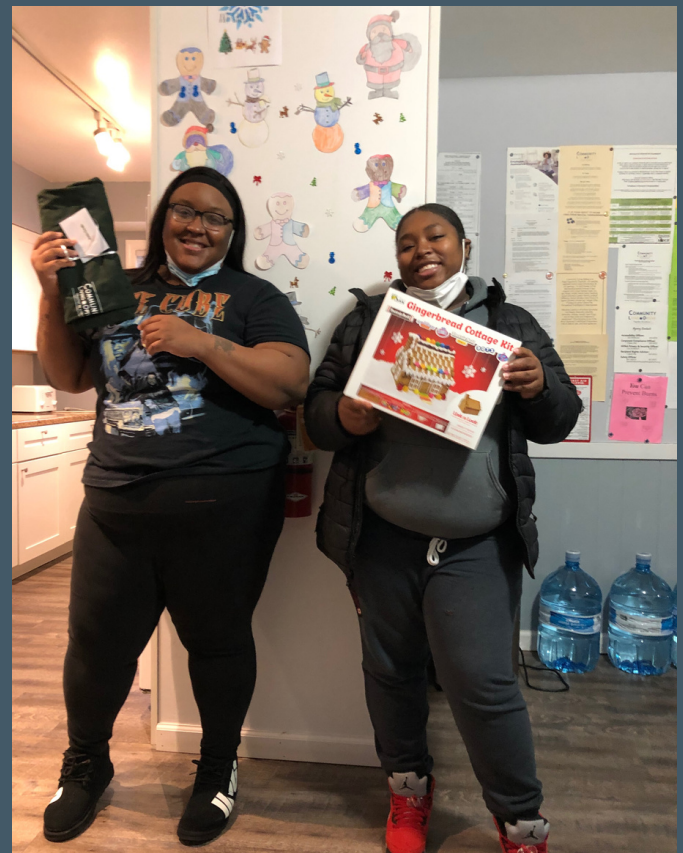
Supervisor Get-together

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# Welcome New Hires!

ABRIA BROWN  
 KIMBERLY BRADFORD  
 AMY THILL  
 GAIL GRANVILLE  
 MALIMA KANGA  
 SHAYLA HALL  
 ABAYOUNI DUKES-  
 SAWYER  
 LAELA WHITE  
 SHERRITA WILLIAMS  
 ASYIA COCHRAN





## Alcott Center presents: Caroling St. Martin of Tours

DECEMBER 19TH 2022



Community Living Options, Alcott Center, participants presented a collection of carols at St. Martin of Tours.

Donning Santa hats, Rudolph noses, and jingling bells, they brought in the holiday spirit with their singing and cheer.

Attendees were entertained and also we welcomed to sing along!





## Alcott Center presents: Caroling St. Martin of Tours cont.

DECEMBER 19TH 2022



After the music, the choir was treated to snacks by the church and were able to socialize and celebrate with family and friends. Much appreciation to Sharon and Carol and Barb for all their help! Sharon cheerfully said she loves doing this because of "all the smiles!"







## Anniversaries

2 YEARS	5 YEARS
DAVID VERGON JR.	FRED HAKULINKE
3 YEARS	6 YEARS
REGINA MUGO	CECELIA REYNOLDS
JOVITA ADEWALE	
4 YEARS	18 YEARS
NIKATERRI SMITH	FELICIA EVANS

## December Birthdays

MARK GERNATT- 8TH  
MATTIE POWERS- 8TH  
MARVIN BROWN- 14TH  
KAYLIN SLAVINGS- 17TH  
ABAYO DUKES-SAWYER- 20TH  
LENORA WILLIAMS- 21ST  
EADOIN GRIM- 22ND  
ROSE OWINGA- 22ND  
AMBER SCHMIDT- 22ND  
IBRAHIM SALIFOU- 28TH  
ABUBAKAR MUSTAFA- 29TH  
ANYA OUSLEY- 30TH  
HOWARD ROBINSON- 30TH  
BEDAN MUKUNDI- 31ST





## A Poem by Carol Guerrero

A CLO RESIDENT AT OLD LOG TRAIL

With so much going on in the world, war , etc etc etc  
people are still finding love lets enjoy the moment feel  
it process it memorize it and store it. Just file it  
away and pull it back when you need to feel joy!

The moments that feel like joy I have to let myself feel  
all of it enjoy every inch of delight when it's present  
because life is hard life is challenging. We walk to the  
table with so many things that we have experienced that  
no one knows about. We are alive right now all things  
happening so when we get a chance to be with people we  
love or anything that sparks our spirit you should feel  
and enjoy every single moment of it. We need the hard  
time to let us enjoy the good times. So never let anyone  
tell you it's crazy.

-Carol Guerrero

## Congrats to these New Assistants

Transitions

SHANTANIQUE HARDEN

GAIL GRANVILLE

Lovell

DEANNE MILLER

Old Log Trail

ANGELA FILIPUNAS

Portage

CAROLYN WILSON

Alcott

AMBER SCHMIDT

Farrell

CYNDI KNAPP

Misty Creek

MOONY WILLIAMS

Alamo

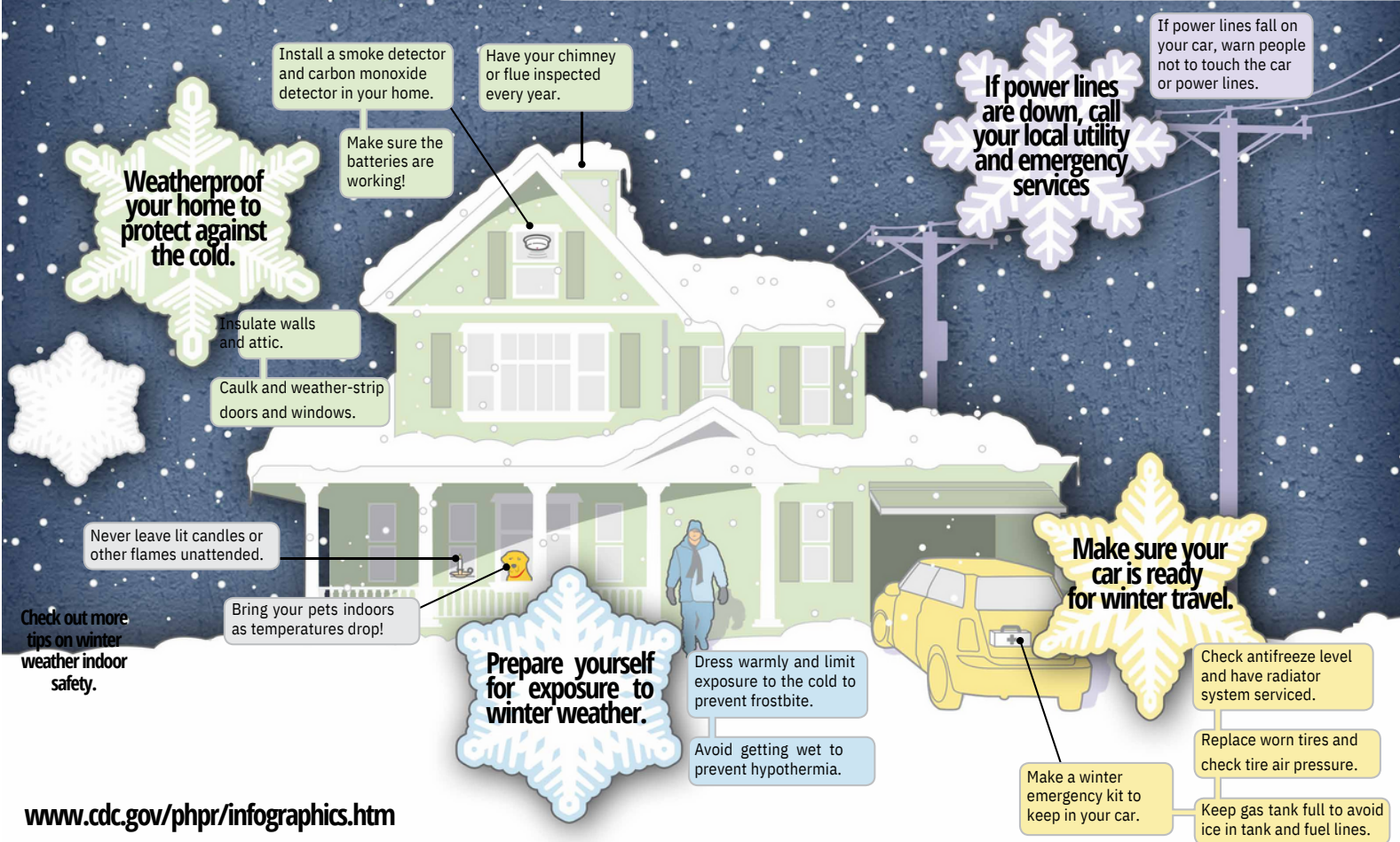
GWEN PERRY

Alamo Program Assistant: Gwen Perry





# Be Ready! Winter Weather



## Recognizing your Feelings during the Holiday Season

At Community Living Options, we want to recognize the diversity of our staff and clients and the holidays they may celebrate. We also want to recognize the challenges this season may bring. Let us take joy in whichever way we might celebrate and also be aware of our mental health. We can take steps to reduce anxiety and stress, which first starts with being aware of our mental state and recognizing when we are feeling different. Be gentle and gracious to our coworkers and clients who might need extra support and care during this time of year. Be compassionate to yourself and the feelings you might have. Additionally, our community provides a great resource to those who may need a little more help.

If you or someone you know is in crisis,  
Gryphon Place offers a 24 hour confidential crisis line: 269-381-HELP.  
Additional help and resources can be reached via 2-1-1.



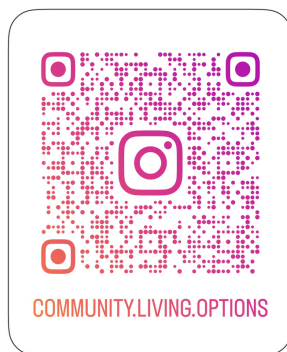


**CELEBRATE ANDREA!  
HERE'S TO 6 YEARS WITH CLO  
AND BEST WISHES ON  
YOUR TOMORROWS!  
YOU WILL BE MISSED!**



**Supervisor  
get-together  
with Tacos!**

**Follow us on Social Media!**  
**Like**  
**Comment**  
**and Share**



## Adjusted Holiday Hours

Alcott Center

CLOSED DECEMBER 23RD-JANUARY 3RD

The Main Office at Reed St.

CLOSED: NOON DECEMBER 23RD

REOPEN: 8 AM DECEMBER 27TH

CLOSED 3 PM DECEMBER 30TH

REOPEN: 8 AM JANUARY 3RD

## OUR MISSION

WE ASSIST INDIVIDUALS IN ACHIEVING THEIR LIFE GOALS BY BUILDING RELATIONSHIPS THROUGH  
QUALITY SERVICES IN SUPPORTIVE ENVIRONMENTS.

## OUR VISION

OUR VISION IS TO ENHANCE THE QUALITY AND SCOPE OF  
OUR SERVICES THROUGH INTEGRATED AND COORDINATED CARE.

NEXT BOARD MEETING  
JANUARY 25, 2023

BOARD OF DIRECTORS  
ED WILSON  
SUZANNE MCPEEK  
LOUISE KENNY  
DEBBIE DAWSON  
MELISSA GILBERT  
TOREAN GREELEY  
DAWN PANTALEO  
RON RYAN  
JOE WALLS



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OFFICE HOURS:  
8:00 — 4:30  
MONDAY — FRIDAY